

**QP CODE: 102011**

**Reg.No:.....**

**First Post Basic B.Sc Nursing Examinations-October 2012**

**NUTRITION & DIETETICS**

**Time: 2 Hours**

**Total Marks: 35**

- Answer all questions
- Draw diagrams wherever necessary

**Essay: (10)**

1. Discuss the role of vitamin A in detail.

**Short notes: (5x3=15)**

2. Role of dietary fiber.
3. Anthropometric measurements.
4. Storage of perishable foods.
5. Diet during pregnancy.
6. Moist heat method of cooking.

**Answer briefly: (5x2=10)**

7. Weaning.
8. Define nutrition.
9. Mention four examples of supplementary feeding.
10. Scurvy.
11. List down the sources of iron.

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